



STUDENT NAME _____ DATE _____

DEGREE PLANNING WORKSHEET
BS IN PSYCHOLOGY

This **unofficial** worksheet is designed to help you plan and track your progress toward your degree. It lists all of the graduation requirements in the recommended sequence. For full course descriptions, please refer to the current *Catalog*. To transfer your military and other credits to UMUC, you must request an **official** degree progress report/evaluation. Please visit www.ed.umuc.edu/undergrad/services/advise.html or your local field representative for additional information and assistance.

| SEQUENCE <i>Courses are listed in the order in which students should take them. Changes in courses and order may affect other elements of the degree plan.</i> | COURSE TAKEN OR TRANSFERRED | CREDIT SOURCE |
|--|--|--------------------------|
| <i>Recommendations will differ for specific majors. Refer to catalog for alternatives to recommended general education requirements (GERs). Courses used for GERs may not be used in the major or minor.</i> | | |

| FIRST COURSES (7 credits) Take within first 18 credits. Take placement exams before registering for writing and math courses. | | |
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| LIBS 150 (1) <i>Required GER course</i> | | |
| WRTG 101 or WRTG 101X (3) <i>Required GER course</i> | | |
| MATH 103 or higher (3) <i>Required GER course</i> | | |
| INTRODUCTORY COURSES (22 credits) Take within first 30 credits. | | |
| PHIL 140 or foreign language course (3) <i>Or other arts/humanities GER course</i> | | |
| BIOL 101 and BIOL 102 (both) or BIOL 103 (4) <i>Or other biological/physical science GER course with related lab</i> | | |
| WRTG 291 (3) <i>Or other writing GER course except WRTG 486A/B</i> | | |
| ◆ PSYC 100 (3) <i>Required for major, prerequisite for later courses</i> | | |
| IFSM 201 or CMST 303 (3) <i>First required computing GER course</i> | | |
| SOCY 100 (3) <i>Or other first behavioral/social science GER course</i> | | |
| ◆ STAT 225 (3) <i>Or STAT 200. Required statistics course for major</i> | | |
| FOUNDATION COURSES (21 credits) Take within first 60 credits. | | |
| GVPT 170 or GERO 100 (3) <i>Or other second behavioral/social science GER course (discipline must differ from first)</i> | | |
| NSCI 100 or ASTR 100 (3) <i>Or other 3-credit biological/physical science GER course</i> | | |
| HIST 142 or HIST 157 (3) <i>Or any ARTH or other HIST course for second arts/humanities GER course</i> | | |
| IFSM 304 (3) <i>Or other computing GER course</i> | | |
| ANTH 344 (3) <i>Recommended elective</i> | | |
| SPCH 100 or SPCH 101 (3) <i>Or other COMM, SPCH, or WRTG GER course</i> | | |
| ◆ PSYC 300 (3) <i>Required for major</i> | | |

| SEQUENCE <i>33 total credits for major, of which at least half must be upper-level and at least half taken through UMUC.</i> | COURSE TAKEN | CREDIT SOURCE |
|--|--------------|---------------|
| ADDITIONAL REQUIRED COURSES FOR MAJOR AND DEGREE (30 credits) Take after introductory/foundation courses. | | |
| WRTG 391 or WRTG 391X (3) <i>Or other upper-level advanced writing GER course</i> | | |
| ◆ PSYC 321 (3) <i>Or other social PSYC course (PSYC 351, 354, 361)</i> | | |
| ◆ PSYC 301 (3) <i>Or other biological science PSYC course (BIOL 362, PSYC 310, 341)</i> | | |
| ◆ PSYC 353 (3) <i>Or other professional PSYC course (PSYC 335, 432, 436, 437)</i> | | |
| ◆ PSYC 354 (3) <i>Or other second social PSYC course</i> | | |
| ◆ PSYC 310 (3) <i>Or other second biological science PSYC course</i> | | |
| ◆ PSYC 432 (3) <i>Or other second professional PSYC course</i> | | |
| ◆ PSYC 355 (3) <i>Or other supplemental course for major (any PSYC, but no more than three 1-credit courses)</i> | | |
| ◆ PSYC 341 (3) <i>Or other supplemental course for major (any PSYC)</i> | | |
| CAPSTONE COURSE FOR MAJOR (3 credits) Complete in last 15 credits. | | |
| ◆ PSYC 495 (3) <i>Required for major</i> | | |
| MINOR OR ELECTIVES (15 credits, at least 9 credits upper-level for minor) Complete in last 60 credits along with major courses. | | |
| See requirements of individual minor. | | |
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| ADDITIONAL ELECTIVES (25 credits) | | |
| Choose any courses to meet 120 credits for degree. Note minimum requirements for upper-level coursework. | | |
| Complete in last 60 credits along with major and minor courses. | | |
| Recommended: PSYC 415 and PSYC 451 (for those continuing to graduate school) | | |
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| TOTAL: 120 CREDITS | | |

CHECKLIST FOR FULFILLMENT OF DEGREE REQUIREMENTS See catalog for overview of all requirements.

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| <input type="checkbox"/> 30 credits at UMUC, including at least half of the major and minor and 15 upper-level credits. | <input type="checkbox"/> All General Education Requirements. |
| <input type="checkbox"/> 45 upper-level credits, including half the credit for the major and for the minor. | <input type="checkbox"/> Grade of C or better in all courses for the major and minor. |
| <input type="checkbox"/> All required courses and minimum number of credits for major and minor. | <input type="checkbox"/> Overall GPA of at least 2.0. |
| <input type="checkbox"/> Prerequisites for major and minor courses, if needed. | <input type="checkbox"/> At least half the credit for the major and half of the minor earned through graded coursework. |
| | <input type="checkbox"/> Total 120 credits. |